



STOLEN IDENTITY

DISCUSSION GUIDE

PART 3: Superhero Syndrome

DATE: 06-16-2024

START

Our culture constantly tells us to pull ourselves out of the mud and keep pushing. Our culture tells us to suck it up, be strong, and push through. But what happens when we are not strong enough? When we have reached the end of our rope? What do we do then?

- How were you taught to deal with difficult situations?
- What does it look like to depend on Jesus to navigate difficult situations?

READ

[2 Corinthians 12:9-10](#)

“But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.”

THINK

God will leverage our most challenging circumstances to stretch and shape our faith. We don’t have to be a superhero because we follow one who is.

- When have you recognized that you have limited strength and God has unlimited strength?
- Why do we find it difficult to share our struggles with others?
- What does it look like in your life to depend on God’s strength?

PRAY

Jesus, this world throws a lot at me. There are times in life when I am confronted with my limited strength. Help me to dismiss the voices around me and depend on your strength to guide me.

ACT

This week, carve out some time with a trusted friend and share with them your struggles and talk about how you can better depend on God’s strength.