

PART 5: Life's a Rollercoaster

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START

Life is full of twists and turns, much like a rollercoaster. Sometimes the drops catch us off guard, sometimes it's exciting, and sometimes it's scary. While the ride of life can be jerky and rough at times, we can have confidence that we will be taken of as we strive to stay on the path that God has laid out.

- When have you had an unexpected turn in life?
- What helped you navigate that unexpected turn?

READ

[Proverbs 3:1-6](#)

My son, do not forget my teaching, but keep my commands in your heart, for they will prolong your life many years and bring you peace and prosperity. Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man. Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

THINK

The first 6 verses of Proverbs 3 are packed full of wisdom. God instructs us not to forget His teachings, to hold on tight to them, and if we do that will have a long life and good name in the sight of God and man. If we trust Him and submit to Him, He will make our paths straight.

- How do you strive to show love and faithfulness to others and to God?
- Where do you find it hard to trust God in your life?
- What step do you need to take to continue traveling the path that God has set before you?

PRAY

Jesus, help me to remember your teachings and show love and faithfulness. Allow me to trust you with everything so I can throw up my hands and enjoy the ride.

ACT

This week, determine what step you need to take to continue to pursue God.