

PART 4: Critic's Assault

DATE: 10-15-2023

START

Criticism has the power to discourage, deter, and destroy, especially when that critic is personally connected to us.

- How do you process negative feedback? How does that affect the rest of the day?
- Do you give criticism differently if you know the person vs not? If so, Why?

READ

[1 Samuel 17: 28-29](#); (NIV)

When Eliab, David's oldest brother, heard him speaking with the men, he burned with anger at him and asked, "Why have you come down here? And with whom did you leave those few sheep in the wilderness? I know how conceited you are and how wicked your heart is; you came down only to watch the battle." "Now what have I done?" said David. "Can't I even speak?"

THINK

People will question your motives, worth, and heart. Depending on which giant we are dealing with (outside/inside) will determine what path we need to take to say it. When dealing with outside criticism follow these steps. 1). Face it 2). Feel - 24 hours 3). Frame - Mind for insight 4). Fight - Fight for the relationship/Close a gap.

- What step is the hardest for you? Why?
- How can you improve that step?

When dealing with inside Criticism ask yourself these questions to see if your heart is lining up with God's.

1. Are you attacking the person or the problems?
 - a. What are some ways to come alongside people?
2. Do your words build up or tear down?
 - a. When was the last time you built yourself up or down? Others?
 - b. Did something prompt that in your life?

PRAY

God, please allow me to identify the giant of criticism. Help me to take the steps necessary to slay it. Give me a heart that honors you with the words and responses to criticism in my life. Take every thought of mine and make it obedient to you. Amen.

ACT

This week challenge yourself to give someone a 5 star review... Through a text, call, or action that allows someone to know that you support them and are glad your paths have crossed.

[Next Step](#) | [Top 3](#) | [Events](#)