

WARRIOR

Faith Protectin' + Arrow Defendin' + Evil Slayin'

Part 4: Pray Continually

Begin

[Ephesians 6:18](#)

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Reflect

- What is God saying to you through this passage or this past week's teaching?
- What is something you can do to respond to what God is saying to you?
- How can we help you with your response?

Review

We learned the acronym P.R.A.Y. Praise, repent, ask, yield. Prayer is simply communicating with God, and communication shows care. When we pray to God, we are showing we care what He thinks about our lives. We are showing that we care about the things He cares about.

- What does your prayer life look like?
- How does prayer communicate care for God and what He cares about?
- How can you cultivate a meaningful prayer life?

PRAY

Take some time to pray for those you are gathered with. Pray for Fall Kickoff happening on September 29th. To practice prayer, have each person pray out loud for the person to their right.