# PART 2: People Pleasing Pandemic

DATE: 06-09-2024

## **START**

We all desire connection whether we want to admit it or not. We are created to live connected lives. This drives all of us to some point to be engulfed in pleasing those around us so that we can be accepted.

- How much to worry about pleasing the people around you?
- How is the need to please people and the desire for acceptance connected?

## **READ**

#### Galatians 1:10

Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.

## **THINK**

To bring an antidote to the people-pleasing pandemic we must embrace our strengths and limitations. By becoming more aware of who we are the more clarity we can give to others and not feel guilty or shamed when we are unable to live up to their expectations.

- What do you see as your biggest strengths?
- What are some of your limitations?
- How does being aware of your strengths and limitations help you better serve others?

### **PRAY**

Jesus, help me to see where I am trying to please people over you. Help me to see my strengths and limitations so I am better able to serve you and others.

#### **ACT**

This week, take a serious look at where you are trying to please people and think of a way you can be honest with them about your strengths and limitations.