

### PART 4: Embrace Dependence

DATE: 01-28-2024

#### **START**

Discontentment will always turn into jealousy if we do not confront it when we recognize it in our lives. When we become discontent, we start to look at those around us and what we don't have or don't get to do. Jealousy then produces division.

- When have you been discontent in your life?
- How has discontentment in your life led to jealousy?
- How can you confront discontentment in your life?

#### **READ**

[Pslam 84:11-12](#) (NIV)

"For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold from those whose walk is blameless. LORD Almighty, blessed is the one who trusts in you."

#### **THINK**

Our culture teaches us to not depend on anyone and promotes independence and autonomy. But in scripture, again and again, God calls us to depend on him for everything. For our maturity, for guidance in life, and to for what we need.

- How have you tried to fight depending on God?
- Why do you find it difficult to depend on God and others?
- How can you foster dependence on God in your life?

#### **PRAY**

Jesus, help me to give up my independence and depend on you in my life. Grow my trust in you and help me lean into your guidance and protection.

#### **ACT**

This week, determine where you are fighting for control in your life. Give it to God, and trust God to take control in that area of your life.