

PART 1: Two Paths

DATE: 07-07-2024

START

Life is full of decisions. While these decisions can have layers and take discernment, at the end of the day they come down to deciding what path to take. The right path or the wrong path.

- When did you have to make a tough decision?
- What helped you discern what path to take?

READ

[Psalm 1:1-6](#)

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

THINK

The Psalmist gives some vivid imagery of what it looks like to follow God's path and what it looks like not to follow God's path. We can be like a living tree or chaff blowing in the wind. One path leads to life and abundance, the other path leads to emptiness and destruction.

- When have you experienced God's abundance by following his path?
- What do you find yourself meditating on most often?
- How can you cultivate rhythms of meditating on God's wisdom and instruction?

PRAY

Jesus, help me to meditate on your wisdom and instruction and guide me on the path you have set out before me.

ACT

This week, if you have begun cultivating a rhythm of meditating on God's wisdom and instruction take a step to do so. Ask a friend to walk with you or follow a reading plan on the Bible app.