

PART 3: Fight Fear With Faith

DATE: 01-21-2024

START

We all fear something. Some fears are more rational than others, but at the end of the day what we fear can affect how we live our lives.

- What do you fear?
- How have your fears affected how you live your life?
- How do you normally react to your fears?

READ

[Pslam 84:5-6](#) (NIV)

“Blessed are those whose strength is in you, whose hearts are set on pilgrimage. As they pass through the Valley of Baka, they make it a place of springs; the autumn rains also cover it with pools.”

THINK

As we journey to God’s dwelling place we will walk through desolate places. There will be times of sorrow and hardship. Who we place our faith in during these times of hardships will help us gain perspective.

- What hardship have you recently or are currently dealing with?
- How has your faith helped during this hardship?
- How can you continue to have faith in God during your hardships?

PRAY

Jesus, as I journey towards you help me to see where you are with me during the desolate places I travel. Help me to see that you continue to guide and shape me even in hard times.

ACT

This week, fight your fear with faith. There are a number of unknowns in life, but who we place our faith in will determine our path moving forward.